



DATE: December 6, 2021

AGENDA ITEM # 2

TO: Senior Commission
FROM: Bridget Matheson, Staff Liaison
SUBJECT: Age-Friendly Program

RECOMMENDATION:

Receive update on the Age-Friendly Program and take action as appropriate

BACKGROUND

At its regular meeting on June 28, 2011, the Senior Commission proposed that City Council consider submitting an application, on behalf of Los Altos, to join the World Health Organization (WHO) Network of Age-Friendly Cities. City Council supported the efforts and directed the Senior Commission to draft the application for Council's review. Staff was directed to provide an estimate regarding the number of anticipated staff hours required during years 1 and 2 of the planning phase.

On September 27, 2011, City Council approved the Los Altos application to the WHO Network of Age-friendly Cities with an amendment that included the removal of the proposed Senior Commission recommendations from the application to allow the process to be more aspirational in nature.

On June 7, 2021, Anabel Pelham, PhD and Founding Director for the Center for Age-Friendly Excellence (CAFÉ), gave a presentation to the Senior Commission on Age-Friendly Community Sustainability Principles from Grantmakers in Aging. CAFÉ was created to capture all the knowledge, capacity, experience, expertise and process to become an Age-Friendly City, and is currently working with 21 cities. Dr. Pelham has works closely with the California AARP who assists with the process to create a 5-year Age-Friendly Action Plan, as required by the program. The Subcommittee is interested in pursuing Dr. Pelham to assist the City of Los Altos to update its status and create an Action Plan for the WHO.

DISCUSSION

Over the past several months, City staff has worked closely with the Age-Friendly Subcommittee to accomplish the following work:

1. Hosted an in-depth meeting with Dr. Pelham to understand the scope needed to update the City's Age-Friendly status and create an Action Plan. Draft MOU and scope are included as Attachments C and D.
2. Conducted an Age-Friendly status survey with the neighboring cities (Campbell, Cupertino, Mountain View, Palo Alto, Sunnyvale) to understand the process, resources, and best practices.
3. Identified existing Age-Friendly programs, priorities and recommendations for supplemental programs and services to enrich and improve the City's Age-Friendly status and value to the 50+ residents
4. Worked with the Age-Friendly Subcommittee to debrief status and determine recommended next steps.

City Staff, along with the Age-Friendly Subcommittee, will provide a general overview of information received, and outline recommended next steps. It is recommended that the Commission receive the report and take action as appropriate.

Attachment:

- A. Age-Friendly Survey & Results
- B. Staff Recommendations
- C. Draft MOU
- D. Scope