

**MINUTES OF THE MEETING OF THE SENIOR COMMISSION OF THE CITY OF
LOS ALTOS, HELD ON MONDAY APRIL 5, 2021, AT 3:30 P.M. via VIDEO
TELECONFERENCE, ONE NORTH SAN ANTONIO ROAD, LOS ALTOS,
CALIFORNIA**

ROLL CALL

PRESENT: Chair O'Reilly, Vice Chair Nagano, Commissioners Buchholz, Cohen, and Li

ABSENT: Commissioners Basiji and Yu

PUBLIC COMMENTS

None

ESTABLISH A QUORUM

Chair O'Reilly established a quorum at 3:35 pm

INTRODUCTION:

Chair O'Reilly introduced the newest Senior Commissioner, Tony Li, a Programmer who has resided and volunteering in Los Altos for over 15 years.

SPECIAL PRESENTATION:

Stephen Conley and Patty White of the new Forum Health Fund a charitable non-profit 501c (3) introduced their new organization that raises money for grants for issues for aging senior citizens in Los Altos and Cupertino. Funded by contributions mostly from the residents of the Forum to enhance the quality of life of seniors through technology. They have sponsored 4 grants so far:

- \$25k and \$36k for the Memory Care Center at the Forum to buy equipment, software, and training.
- \$6.5k for the Cupertino Library Foundation for a Senior Speaker issues on scams and frauds targeting seniors.
- \$15k to Stanford University research on isolation effects due to Covid-19

The Forum Health Fund would like to hear from the Los Altos Senior Commission on ideas for grants. Would also like to add a Los Altos member for their Board of Directors. They are a committee of all volunteers and have \$100k to grant.

ACTION: Commissioner Cohen is interested in receiving a copy of their goals and objectives, Conley/White will email.

PUBLIC COMMENTS

None

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA:

Gary Hedden of GreenTown: Asked to be able to comment on three of their active projects:

- 1) Lunch Lecture series of ten Tuesday and Thursday sessions just concluded, were recorded, and posted on YouTube and the GreenTown website.
- 2) GreenTown's 500 Trees project planted 40 trees before being interrupted by Covid-19 and are not addressing their wait list.
- 3) Summer internship applications on their website to work on trees, zero waste and green businesses.

ITEMS FOR CONSIDERATION/ACTION

1. Commission Minutes

ACTION: Upon a motion by Commissioner Cohen seconded by Commissioner Nagano, the Commission approved the minutes of the meeting of March 1, 2021. Commissioner Li abstained because he was not a member at that time.

PUBLIC COMMENTS

None

2. Senior Commission Reorganization

ACTION: Upon a motion by Chair O'Reilly and seconded by Commissioner Buchholz, the Commission approved the nomination of Commissioner Nagano to Commission Chair.

Unanimously approved. Chair Nagao now takes over the Senior Commission Meeting per Liaison Fligor.

ACTION: Upon a motion by Commissioner O'Reilly and seconded by Commissioner Buchholz to nominate Commissioner Cohen to Vice Chair.

Unanimously approved.

PUBLIC COMMENTS

None

3. Fiscal Year 2021-22 Work Plan:

Consider proposed Work Plan from the Subcommittee and prepare for Special Joint Meeting with City Council on May 4, 2021.

Goal 1, Project 1, 2 and 3 Community engagement and develop program ideas for Senior

Program Marketing and have target date Fall 2021.

Goal 2, Transportation for homebound seniors' projects on hold. Add Commissioners Buchholz and Bisiji.

Goal 3, Health & Wellness (thriving in place) adding Vice Chair Cohen on nutrition

Goal 4, Participation in age friendly city, senior advocacy, senior well-being, adding Commission Li

ACTION: Senior Commission subcommittee has time to meet before the May City Council meeting per Liaison Matheson.

PUBLIC COMMENTS

None

INFORMATIONAL ITEMS

4. Sarah Robustelli, Staff Liaison Los Altos Hills:

- Drive thru shred event for 154 households, next event in Sept. 2021
- 65th Anniversary pop up frame redecorated
- 2021 inspirational banners timeline extended.
- Successful neighborhood clean-up, next event in June 2021
- Hoppin Hounds at Home doubled last year's donations
- Covid-10 testing continues at Los Altos Town Hall
- Earth day = submit inspirational tips for slide show
- Pathways self-challenge finish banner at Westwind Barn
- LAH vs LA softball game on Aug 14 at Purisima Park
- Essential documents for seniors' workshops
- Volunteering: Retirements secret sauce on April 20
- Falls Prevention free workshop on April 28
- Non-Financial Retirement planning, free 30-minute workshop

Bridget Matheson, Staff Liaison Los Altos:

- Spring Recreation session April 19 through May 31
- Registration and new software started March 22
- 50+ Spotlight newsletter
- Earth Day Hug a Tree Celebration Community Photo Event
- 19th Annual Eggstravaganza
- On Demand ride reimbursement program expands to cover Covid-19 vaccination

PUBLIC COMMENTS

None

COMMISSIONERS' REPORTS AND COMMENTS

Commissioner Buchholz: Participated in the last City Council Meeting and Council Fligor confirms inviting Senior Commissioners to participate, give feedback and due to long standing practice and a charter tradition.

Senior Workshop ideas for June 1, 2021 Senior Commission Meeting (no May Senior Commission meeting). Standing subcommittee to meet again before Joint Council Meeting. Liaison Matheson to review and confirm with Cheryl Anderson, 50+ Program Manager.

PUBLIC COMMENTS

None

POTENTIAL FUTURE AGENDA ITEMS

- Readdress Forum Health Fund goals and objectives
- Liaison Robustelli to reach out to Essential Senior Documents workshop vendor to come up with more workshop ideas for Fall/Winter after evaluation of Spring workshop attendance.
- Workplan 2021 update to be turned in by Liaison Matheson by April 23
- Review Joint Council Meeting at June meeting.

PUBLIC COMMENTS

None

ADJOURNMENT

Chair Nagao adjourned the meeting at 4:56 p.m.