

**MINUTES OF A REGULAR MEETING OF THE SENIOR COMMISSION OF THE
CITY OF LOS ALTOS/TOWN OF LOS ALTOS HILLS, HELD ON
MONDAY, July 02, 2018
BEGINNING AT 3:30 P.M. AT GRANT PARK (ROOM 1)
1575 HOLT AVE, LOS ALTOS, CA 94024**

ESTABLISH QUORUM

PRESENT: Commissioners Murray, Yu, Vincent, Basiji, O'Reilly

ABSENT: Commissioner Harding, Commissioner Torbeck

PLEDGE OF ALLEGIANCE

Chair Murray led the Pledge of Allegiance.

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

None

Review of The Senior Commission Charter:

Before the approval of the minutes took place, Chair Murray reviewed the Senior Commission Charter. The purpose was to make sure that the commission and public attending the meetings are clear on the rules and regulations pertaining to Senior Commission rules and policies.

ITEMS FOR CONSIDERATION/ACTION

1. Approval of Minutes – July 02, 2018

Upon a motion by Commissioner Vincent, seconded by Commissioner Basiji. 5 Commissioners approved the minutes of July 02, 2018.

INFORMATION ITEMS

2. Senior Expo

Action: None Taken

Discussion:

Chair Murry discussed the idea of having a Senior Expo. Commissioner Harding and Chair Murray met with representatives from PEGS, CAFÉ, SIP and the Community Foundation to discuss the Expo. The desired date for this event would be on March 22, 2019 and held at LAYC. Chair Murray mentioned the idea of not duplicating a health fair idea, because Mountain View already does this. The fair would be focused around senior engagement. The tagline could be "Let's Get Engaged". There will be a keynote speaker for transportation and housing. Potential groups involved, Roadrunners, Club 55, Faith Based Organizations, Community Center. etc. During this event, there will be resources that focus on seniors becoming more engaged in their community. Setting the date now will give the commission

enough time to plan. There will be more meetings pertaining to this event and confirmation on the date for this event.

3. Update on Grant Community Center Projects

Public Comment: None

Action: None Taken

There was no report given from staff.

4. Recommendation to Hillview Community Center Project

Public Comment

Action: None Taken.

Staff Liaison Matheson did not have new updates to report pertaining to the Hillview Community Center Project, except to mention that there will be an Open House on July 10th from 5:30pm to 6:30pm at Los Altos Youth Center (LAYC) to provide interested community members with more information about the Community Center Project.

5. Update on Information and announcements from City and Town Staff

Updates

Programs & Events

Los Altos Hills:

Monthly Senior Walk: will be held on 7/11 due to the Independence Day from 10:00-11:00am at Town Hall, 26379 Fremont Road.

Stay Active, Stay Safe and Stay for Lunch will be held on Tuesday, July 10th from 10:00-12:30 am at Town Hall. Registration is required: www.losaltoshills.ca.gov.

Stay Active: 2 mile walk starting from Town Hall from 10:00 – 11:00 am.

Stay Safe: Preparing Residents for Home Emergencies 11:00- Noon

Stay for Lunch: LeBoulangier Lunch will be served from Noon – 12:30 pm

Free Orientation: Purissima Park Fitness Equipment: Sign up for an orientation for the newly installed fitness equipment. A personal trainer will help participants gain comfort and familiarity with the equipment. Dates: 7/14, 8/11 Saturdays 9:00-10:00 am at Purissima Park. To book your appointment and for more information contact 650-947-2506 or cknopf@losaltoshills.ca.gov.

4th of July Parade

Come join us for the tenth annual Los Altos Hills 4th of July Parade. We will gather at Town Hall beginning at 9:30 am. Our red, white and blue march will start at 10:00 am. We will parade down Fremont Road and conclude at Gardner Bullis School where you can meet your friends and neighbors for a refreshing beverage and a juicy watermelon treat! Please, no fossil fueled vehicles or horses. For more information contact Sarah Robustelli 650-947-2518 or

srobustelli@losaltoshills.ca.gov. Date: 7/4 Day: Wednesday Time: 9:30 – 11:00 am Location: Town Hall

Los Altos Hills vs. Los Altos Softball Game

Cheer on your Town at the 1st Annual Los Altos Hills vs. Los Altos Adult Softball Game!

- Date: August 18, 2018
- Day: Saturday
- Time: 1:00-3:00 pm

- Location: Purissima Park, 27400 Purissima Road, Los Altos Hills, CA 94022

Want to join the Team? Contact Sarah at srobustelli@losaltoshills.ca.gov or 650-947-2518 and she will put in you touch with your Team Captain.

City of Los Altos:

The Summer Concert Series has started, this is a great opportunity for the entire family to come join us for an evening of fun. Below is the lineup for this year's concerts:

Thursdays from 6:30pm to 8:00pm

- July 12th -**Big City Swing Committee/Swing-Grant Park**
- July 19th -**Phil 'n the Blanks/Rock- Hillview Soccer Field**
- July 26th -**The Groove Doctors/Dance Party-Grant Park**
- August 2nd -**West Grand Boulevard/Motown/R&B/Soul-Hillview Soccer Field**
- August 9th -**Rick Torres as Elvis/Tribute Band-Grant Park**

Glorious 4th

The City of Los Altos Recreation and Community Services would like to invite you to the annual Glorious 4TH event that will be taking place on Wednesday, July 04, 2018 at 10:30am. This event will be taking place at Shoup Park. There will be plenty of food, music, kid's games and more!

Intergenerational Game Days: Looking for ways to exercise and stimulate your mind? Join us for the intergenerational workshop this summer, where we will be learning and enjoying, strategic, engaging, and fun board games. Come and sign-up with your friends and have some brain stimulating fun. This workshop will be held every Wednesday, starting June 20th till August 1st from 2:00-3:30pm, in RM 10. Cost: \$1/members; \$3/non-members.

Wednesday, July 4th Senior Programs taking place at Hillview Community Center and Grant Park are closed due to the holiday.

On Friday, July 6th Coffee on the Patio will be taking place at the Hillview Community Center Senior Program at 9:00am. In addition, the movie – TRUMBO will be taking place at 1:00pm. Please check in with Senior Center Staff for more details.

Trip To The San Francisco Museum of Modern Art will be taking place on Thursday, July 26th. Please arrive at the Hillview Community Center Senior Program in Room 10 by 8:45am. Bus will be leaving at 9:00am and returning at 3:00pm. Cost is \$67.00 Members and \$72.00 Non-Members. Price includes: Entrance Fee, Transportation and gratuity. Seats are limited make your reservation today.

Transportation For Seniors-This class will be offered Monday, July 30th at Grant Park at 1:00pm. A second class will be offered Wednesday, August 1st at the Hillview Community Center Senior Program in Room 12 at 1:00pm.

Grant Park Location:

Mondays: (July 9th, July 16th & July 23rd)

Advanced Care Planning Workshop: A three-day workshop that includes videos, discussions and help with completion of a legally binding directive, 12:00pm-2:00pm in Room 4. Led by Commissioner Doris Hawks Torbeck, MA, JD and William Bucholz, MD along with El Camino Hospital.

New Yoga Class- Starting in July on Wednesdays in Room 3 at 1:15pm.

COMMISSIONERS' REPORTS AND COMENTS

Outreach

Action -None

Community Center Sub-Committee

Action- None

Commissioner O'Reilly mentioned during this time about the new chairs purchased at Grant Park and the new outside pavilion. The Sub-Committee discussed the meeting they had with Manny last month that a meeting took place with Manny to discuss outdoor cover options for Grant Park.

Transportation

Action- None

There was no specific report at this time. However, there was discussion about classes taking place at both Grant Park and Hillview Community Center. The first few classes will be at Grant park on July 30th and August 1st from 12:00pm to 1:00pm. Café' received a grant and will be leading these classes. The classes are to show seniors how to put Uber and the Lyft Apps on their phones and utilize these apps for transportation purposes. Chair Murry mentioned that Manny has found \$10,000 in the budget that can be used to reimburse seniors for their rides. Once the money is gone, it's gone but while the funding is there it can be used to help reimburse. The qualifications are that an interested senior must be a resident of Los Altos or Los Altos Hills and a member in the senior programs. The rides must be within the Los Altos/Los Altos Hills City limits. This is a new program, Commissioner Basiji was wondering if Los Altos Hills would be able to contribute to this program. Staff Liaison, Robustelli of Los Altos Hills was going to check in with the City Manager regarding this question.

Health and Safety Committee

Action- None

Discussion:

Chair Murray mentioned that Commissioner Torbeck will still be going forward with the Advance Care Directive classes. The first classes will be taking place on July 9th, July 16th and July 23rd.

Public Comment

None

POTENTIAL FUTURE AGENDA ITEMS

Senior Expo, Feedback from July 10th Open House

ADJOURNMENT – 4:05pm

Chair Murray adjourned the meeting.