





TO: Senior Commission

FROM: Bridget Matheson, Recreation & Community Services Supervisor

Sarah Robustelli, Community Services Supervisor

SUBJECT: Monthly Staff Update

Updates

Programs & Events

Los Altos Hills:

Monthly Senior Walk: will be held on 6/5 from 10:00-11:00am at Purissima Park, 27400 Purissima Park.

Upcoming **Game Nights** will be held on 7/19 and 8/23 from 4:00-5:30 pm in the Parks and Recreation Building. These events are drop in and open to all ages.

Stay Active, Stay Safe and Stay for Lunch will be held on Tuesday, July 10th from 10:00-12:30 am at

Town Hall. Registration is required: www.losaltoshills.ca.gov.

Stay Active: 2-mile walk starting from Town Hall from 10:00 – 11:00 am. Stay Safe: Preparing Residents for Home Emergencies 11:00- Noon Stay for Lunch: LeBoulanger Lunch will be served from Noon – 12:30 pm

Free Orientation: Purissima Park Fitness Equipment: Sign up for an orientation for the newly installed fitness equipment. A personal trainer will help participants gain comfort and familiarity with the equipment. Dates: 6/16, 7/14, 8/11 Saturdays 9:00-10:00 am at Purissima Park. To book your appointment and for more information contact 650-947-2506 or cknopf@losaltoshills.ca.gov.

4th of July Parade

Come join us for the tenth annual Los Altos Hills 4th of July Parade. We will gather at Town Hall beginning at 9:30 am. Our red, white and blue march will start at 10:00 am. We will parade down Fremont Road and conclude at Gardner Bullis School where you can meet your friends and neighbors for a refreshing beverage and a juicy watermelon treat! Please, no fossil fueled vehicles or horses. For more information contact Sarah Robustelli 650-947-2518 or srobustelli@losaltoshills.ca.gov. Date: 7/4 Day: Wednesday Time: 9:30 – 11:00 am Location: Town Hall

Los Altos Hills vs. Los Altos Softball Game

Cheer on your Town at the 1st Annual Los Altos Hills vs. Los Altos Adult Softball Game!

• Date: August 18, 2018

Day: Saturday

• Time: 1:00-3:00 pm

• Location: Purissima Park, 27400 Purissima Road, Los Altos Hills, CA 94022





• Want to join the Team? Contact Sarah at srobustelli@losaltoshills.ca.gov or 650-947-2518 and she will put in you touch with your Team Captain.

City of Los Altos:

The Summer Concert Series will be starting soon, this is a great opportunity for the entire family to come join us for an evening of fun. Below is the lineup for this year's concerts:

Thursdays from 6:30pm to 8:00pm

- *Special Date/Time: June 16th Peninsula Symphony- Hillview Soccer Field
- June 21st-Uncle Rico/Classic Rock- Grant Park
- June 28th -California Beach Boys Experience/Tribute Band-Hillview Soccer Field
- July 12th -Big City Swing Committee/Swing-Grant Park
- July 19th -Phil 'n the Blanks/Rock- Hillview Soccer Field
- July 26th -The Groove Doctors/Dance Party-Grant Park
- August 2nd -West Grand Boulevard/Motown/R&B/Soul-Hillview Soccer Field
- August 9th -Rick Torres as Elvis/Tribute Band-Grant Park

Glorious 4th

The City of Los Altos Recreation and Community Services would like to invite you to the annual Glorious 4TH event that will be taking place on Wednesday, July 04, 2018 at 10:30am. This event will be taking place at Shoup Park. There will be plenty of food, music, kid's games and more!

Starting the month of May, Mark and Sara from Pop Bistro Food Truck will be preparing delicious meals for the 2nd and 4th Friday lunch program. This wonderful duo has been serving savory dishes at the Grant park location for the last 5 months and now they will be bringing their cooking skills to Hillview. We are excited to have them onboard.

Photography Program- The Camera Club and the Los Altos Senior Program is excited to announce a four-week photography program. Learn the basics of photography, no experience necessary. Classes held Thursdays starting June 7th, from 3:30pm-5pm, RM12. Bring a camera to class, camera phones will do.

Elli Tehrani From Clear Captions (Speaker)_will be coming to give a presentation with regards to special phones created for seniors. Please join this useful presentation to see what benefits this technology can have in your life. It will be on June 11th, 10am-11am, RM 11. This is a Free Event.

Art on the Patio - Enjoy summer by strolling through our patio and viewing art work created by our own ArtVentures participants. This event will on June 13th, 1-3pm., at the Senior Center Patio. Refreshments available with a suggested donation of \$3.00.

Intergenerational Game Days: Looking for ways to exercise and stimulate your mind? Join us for the intergenerational workshop this summer, where we will be learning and enjoying, strategic, engaging, and fun board games. Come and sign-up with your friends and have some brain stimulating fun. This workshop will be held every Wednesday, starting June 20th till August 1st from 2:00-3:30pm, in RM 10. Cost: \$1/members; \$3/non-members.