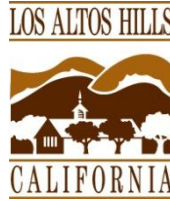


DATE: May 07, 2018

AGENDA ITEM # 7



**TO:** Senior Commission

**FROM:** Bridget Matheson, Recreation & Community Services Supervisor  
Sarah Robustelli, Community Services Supervisor

**SUBJECT:** Monthly Staff Update

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### Updates

### Programs & Events

#### Los Altos Hills:

**Senior Walk** will be held on Tuesday, June 1<sup>st</sup> 10:00 am at Purissima Park.

The Town will be hosting its first **Touch a Truck** event on Saturday, May 19<sup>th</sup> from 10:00-11:00 am at Town Hall. Trucks include: GreenWaste, Sheriff, Fire, Bookmobile and Public Works Gator!

**Game Night** for all ages will be held on Tuesday, May 8<sup>th</sup> and Monday, May 14<sup>th</sup> from 4:00-5:30 pm in the Parks and Recreation Building. There will be music, puzzles, snacks, board games and Nintendo NES.

#### City of Los Altos:

**Chess/Checkers Table on the Patio** – Calling all Chess and Checkers Players! We now have a beautiful table especially made for chess and checkers that sits on the Patio at the Hillview Senior Center. Come get your game on Monday through Friday 8:30am-3:30pm!

**Monthly Walk (May 1st - Westwind Community Barn and June 5th Purissima Park)** - The Los Altos Senior Program is collaborating with the Los Altos Hills Senior Program for these monthly walks. All hikes are roughly 2 miles. Transportation to Los Altos Hills is provided. Cost: Free/members; \$3/non-members. Meet at Hillview for transportation. Located at 97 Hillview Ave. Los Altos.

**Mini Trip - Chung Tai Zen Center, Sunnyvale:** Join us on Monday, May 14, 2018 for a guided tour, a meditation session, and a vegetarian lunch. The cost for this trip would be \$37/members and \$47/non-members. This price includes tour, lecture, meditation session, lunch, transportation and gratuity. Seats are limited. Arrive at the Senior Center by 9:45am, located in 97 Hillview, Los Altos CA 94022. Please RSVP by calling (650)947-2727.

**New Schedule for Evening Pickleball:** Starting May 14th the new schedule for the evening Pickleball will be on Monday and Wednesday evening from 6pm – 8pm at EGAN Middle School. It is Free for members and \$3.00 for non-members.

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**Art on the Patio** - Enjoy summer by strolling through our patio and viewing art work created by our own ArtVentures participants. This event will on June 13th, 1-3pm., at the Senior Center Patio. Refreshments available with a suggested donation of \$3.00. Located at 97 Hillview Ave. Los Altos. For more information or to sign-up please call (650) 947-2797

### **Grant Park Location**

#### **Monday, May 14th**

10:00am – Speaker: Cyber Security: Do’s and Don’ts of Being Online

#### **Wednesday, May 16th**

12:45pm – Speaker: Caregivers and Home Emergency

**Additional Senior Dance Exercise:** Never miss a chance to dance. This class is now available every 1<sup>st</sup> and 3<sup>rd</sup> Monday at 12:45pm – 1:45pm at the Main Hall at the Grant Park location, 1575 Holt Ave, Los Altos, CA 94024. This class will now be fee based which cost \$3 for non-members and FREE for members.

**Cyber Security: The Do’s and Don’ts of Being Online (Speaker)** - Worried about your online information being stolen? What happens with information in “the cloud?” If you have these questions then come join us for a very special lecture with Eric Gee, Manager, Generation’s Lab on Monday, May 14<sup>th</sup>, 2018 at 10-11am in Room 3. at the Grant Park location, 1575 Holt Ave, Los Altos, CA 94024. This is a free event.