

DATE: March 07, 2018

AGENDA ITEM # 8



**TO:** Senior Commission

**FROM:** Bridget Matheson, Recreation & Community Services Supervisor  
Sarah Robustelli, Community Services Supervisor

**SUBJECT:** Monthly Staff Update

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## Updates

### Programs & Events

#### Los Altos Hills:

The **Los Altos Hills 2018 Spring Summer Activity Guide** is now available online and in hard copy. Senior Programming can be found on pages 7-9.

<http://www.losaltoshills.ca.gov/202/Activity-Guide>

**Monthly Senior 2-mile Walk** will be held Tuesday, March 6<sup>th</sup> at 10:00 am leaving from Town Hall, 26379 Fremont Road, Los Altos Hills, CA 94022

**Recycling Processing Tour** will be held on Friday, March 9<sup>th</sup> at GreenWaste Recovery 575 Charles Street in San Jose, CA 95112. To register contact 650-947-2518 or [srobustelli@losaltoshills.ca.gov](mailto:srobustelli@losaltoshills.ca.gov).

**Stay Active, Stay Safe and Stay for Lunch**, a new program partnering with Santa Clara County Fire will happen on Tuesday, April 3<sup>rd</sup> from 10:00 am -12:30 pm. This is a free event open to the public for a 2 mile walk, Senior Fire & Fall Prevention workshop, then lunch. Registration is required: <http://www.losaltoshills.ca.gov/201/Parks-and-Recreation>

**Heartfulness Meditation** held at the Los Altos Library begins 3/5 – 3/26 Mondays from 10:30 – 11:30 am. No registration required.

Looking for a **Tech Appointment**? The Los Altos Hills Youth Commission will be hosting appointments on Tuesday, April 17<sup>th</sup> from 7:00-8:00 pm at Town Hall, 26379 Fremont Road, Los Altos Hills, CA 94022.

**15<sup>th</sup> Annual Hoppin' Hounds Easter Biscuit Hunt** will be held on Saturday, March 31<sup>st</sup> from 9:00-10:30 am in Byrne Preserve, 27210 Altamont Road, Los Altos Hills, CA 94022. This event is on-leash and free with there is a suggested donation of \$5 that goes directly to Palo Alto Animal Services.

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**History Walk** will be led by a community member on Monday, March 26<sup>th</sup> 9:30 am Parks and Recreation Building. Free with no rsvp required.

**Earth Day Celebration** will be happening on Sunday, April 15<sup>th</sup> from 1:00-4:00 pm at Westwind Community Barn, 27210 A

### **City of Los Altos:**

Tax Preparation Program will be starting on February 1<sup>st</sup> through April, every Monday from 9:00am to 12:00pm. This activity will be taking place at the Hillview Community Center in Room 8.

Want to learn a specific topic on the computer, phone or tablet? Then come join us for our first ever Tech Seminar. Each meeting will cover a new useful topic about your device. Held every 3rd Wednesday of the month starting March 21<sup>st</sup> until May 16<sup>th</sup> from 3:30pm to 5:00pm, in Room 8. Members \$1/ Non-members \$3. Please register in the Senior Center or call 650-2797 for more information.

Calling all seniors! Join us for a casual evening to welcome Spring. Mix & mingle with old and new friends. Enjoy heavy hors d'oeuvres, beverages & an "Oldies, but Goodies" DJ. This event will be taking place at the Garden House at Shoup Park (400 University Avenue, Los Altos). Tickets cost \$10 per person. **The deadline to purchase tickets is by Thursday, March 29<sup>th</sup>.** Tickets can be purchased online or at the Los Altos Recreation & Community Services Front Desk. The activity code for this event is **440711-01**. This event is Sponsored by the City of Los Altos/City of Los Altos Hills Senior Commission and Club 55.

<https://www.losaltosca.gov/recreation/page/senior-spring-fling>

### **Grant Park Location**

Tech Tutor is now available! Starting March 5<sup>th</sup> our wonderful volunteer Shalini will be available to help with computer, smart phone, or tablet questions. Available on Monday from 10:00am to 11:00am in Room 4. Reserve your time with Gladys. Cost: \$1/members, \$3 /non-members.

Senior Dance Exercise. Never miss a chance to DANCE!!! Join us at Grant Park for this fun and healthy class. Get a chance to learn Salsa, Cha Cha, Cumbia, Bachata, Swing, Rock 'n Roll, Line Dancing and other dancing genres. Taught by Bob & Marilu. Classes are held on the 1st and 3rd Mondays and every Wednesday from 12:45 to 1:45pm in the Multi-Purpose Room.