

Chocolate Tasting/Survey Results  
 Los Altos Senior Program – Grant Park/Hillview Community Center

**GRANT PARK**  
**Total Participants 60**

<b><u>Potential Future Programs</u></b>	<b><u>People Interested</u></b>
Ballroom Dance	11
Latin	10
Zumba Gold	3
Hawaiian	8
Line	17
Beg. Water Color	5
Drawing	5
Mix Media	1
Digital Art	1
Creative Writing	2
Floral Arrangement	1
Music	5
Singing	10
Play Reading	1
Foreign Language	7
Tech Tutor	10
Book & Video Discussion	6
Movie Discussion	6
Memoir Writing	7
Brain stimulation/Games Hour	19
Gardening	4
Cooking	7
Mindful Speaker	13
Laughter Yoga	3
Chair Yoga	13
Yoga	8
Tai Chi	14
QiGong	12
Pilates	8
Stretch and Flex	19
Dance Exercise	20

## Hillview Community Center

### Total Participants 40

<u>Potential Future Programs</u>	<u>People Interested</u>
Hiking	6
Beginning Painting/Drawing	3
Creative Writing	2
Floral Arrangement	1
Piano	5
Choir	1
Poetry	2
Foreign Language	6
Mindful Speaker	8
Book and Video Discuss	6
Movie Discussion	1
Beginning IPAD Art	2
Brain Stimulation	9
Laughter Yoga	3
Gardening	2

### Additional Comments From Survey

#### Mini Trips

**How much are you willing to pay?**

\$50.00

**Where would you like to go?**

Theatre Productions i.e. Hamilton when it returns to San Francisco in January 2019.

Extended trips i.e. Ashland, Oregon (Would pay \$250 to \$350).

#### **Transportation Needs**

Transportation to senior center, doctors' appointments and hospital

#### **Extended Hours**

Yes: 3

No: 2

The days of the week to open for extended hours Tuesday or Friday.