

**MINUTES OF A REGULAR MEETING OF THE SENIOR COMMISSION OF THE
CITY OF LOS ALTOS/TOWN OF LOS ALTOS HILLS, HELD ON
MONDAY, February 05, 2018 BEGINNING AT 3:30 P.M. AT
Hillview Community Center (Senior Center Room 12)
97 Hillview Ave, Los Altos, California**

ESTABLISH QUORUM

PRESENT: Commissioners Murray, Harding, Torbeck, Vincent, Basiji

ABSENT: O'Reilly

PLEDGE OF ALLEGIANCE

Chair Murray led the Pledge of Allegiance.

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

ITEMS FOR CONSIDERATION/ACTION

1. Approval of Minutes – January 08, 2018

Upon a motion by Chair Murry, seconded by Commissioner Vincent. 5 Commissioners approved the minutes of January 08, 2018.

2. Los Altos Hills Commission Member

Action: None taken. Commissioner Basiji will keep the rest of the commission updated regarding another liaison for Los Altos Hills to fill the vacant seat.

3. Statistics for events that the Senior Program runs.

Action: None taken. Staff Liaison Matheson provided a report on Senior Programs that were most successful pertaining to attendance in 2017. She also mentioned feedback related to the events.

INFORMATION ITEMS

4. Update on Grant Community Center Projects

Public Comment

Frank Martin- Brought forth the idea of a covered pavilion between the multi-purpose room and the class rooms at Grant Park. The advantage is that programming could be expanded during all seasons. Frank also mentioned that there is not enough space to have just one room dedicated for senior programming.

Action: None Taken. Staff Liaison Matheson provided an update on the progress of Grant Community Center projects. The completion of the Multi-Purpose Room Kitchen has still not officially been determined.

5. Recommendation to Hillview Community Center Project

Public Comment

Frank Martin- Discussed the importance of more space set aside for the seniors when the new Hillview Community Center is built. He thinks that 3,000 square feet should be set aside for senior programming.

Action: None Taken. The Senior Commission received the update on the Hillview Community Center Project by Staff Liaison Matheson. Currently there are no new updates to report. Information regarding the Hillview Community Center can be found on the City website.

6. Update on Information and announcements from City and Town Staff

Updates

Programs & Events

Los Altos Hills:

Monthly Senior Walk will be held on Tuesday, February 6th at 10:00 am at Town Hall, 26379 Fremont Road, Los Altos Hills, CA 94022.

AARP Senior Smart Driver Refresher Course will be held Monday, February 5th from 9:00 am - 1:00 pm at Town Hall, 26379 Fremont Road, Los Altos Hills, CA 94022.

New Cooking classes offered through Los Altos Hills: Table for Two Saturday, February 10th from Noon – 2:00 pm \$54 class, \$50 Los Altos Hills resident discount. To register visit the www.losaltoshills.ca.gov.

Free Compost Basics course will be held Saturday, February 24th from 10:00 am – Noon at Town Hall Parks and Recreation Building, 26379 Fremont Road, Los Altos Hills, CA 94022. To register visit:

http://cesantaclara.ucanr.edu/Home_Composting_Education/Composting_Workshops/

Resource:

Santa Clara County Bookmobile will be stopping in front of the Los Altos Hills Town Hall to provide service every other Monday. Upcoming dates include: 1/8, 1/22, 2/5 from 1:00-2:00 pm.

City of Los Altos:

Free activity! Hand massage has an updated schedule of Tuesday mornings at 10:00am- 12:00pm on a first come first serve basis in Room 10 of the Hillview Community Center, located at 97 Hillview Ave., Los Altos CA 94022.

Line Dancing – Classes take place on Tuesdays from 1:00pm to 2:00pm in the Hillview Social Hall. Monthly fees: \$24.00/members \$32.00/non-members. Drop in fees: \$6.00/members and \$8.00/non-members.

Pickleball Court-There are now two courts available for Pickleball Wednesday's at 11:00am-1:00pm. One court will be at the Hillview location and the other at LAYC.

Tai Chi Thursdays has a new time and location! This class has a new start-time of 12:00pm and the new location will be at 97 Hillview Ave, Los Altos 94022. It will be held in the Hillview Social Hall.

Tax Preparation Program will be starting on February 1st through April, every Monday from 9:00am to 12:00pm. This activity will be taking place at the Hillview Community Center in Room 8.

Need help with your laptop, tablet or cellphone devices? Come join the Inter-Generational Tech-Tutor Workshop run by local high school students, Held on February 21, 2018. For more information contact the Senior Center at 650-947-2797.

Foreign Affairs - Learn and discuss current international events. This activity meets Fridays in Room 12 - 9:30am to 12:30pm at the Los Altos Senior Center.

Mini Trip: Join us on a whimsical adventure to The Walt Disney Family Museum on Thursday February 22, 2018. The museum features the life and legacy of Walt Disney shown through interactive galleries that include early drawings and animation. Cost for members is \$35.00 and non-members is \$45.00. Price includes entrance fee, transportation, and gratuity. Space is limited, please sign-up early.

Grant Park Location

Fall Prevention-Christine Moore and Gina Cali from the SSC Fire Department will be advising seniors on how to prevent falls in the home. This activity will be held on February 21st at 12:45pm at Grant Park (1575 Holt Ave, Los Altos, CA 94024).

COMMISSIONERS' REPORTS AND COMENTS

Grant Community Center

Commissioner Vincent discussed the desired set up for room 4. He also mentioned the idea of having the space between the multi-purpose room and class rooms covered. Chair Murray discussed the movement of the lounge furniture from the multi-purpose room to room 4. This will be taking place the week of February 15th. Once everything is moved to room 4, then it can be decided on additional items that need to be placed into this room. Chair Murray mentioned that once the weather gets better, then outside options can be decided upon.

Outreach

Vice Chair Harding mentioned that on February 15th that Margarete will be speaking during the Rotary Club meeting. The topic she will be speaking on is SIP (Senior, Inclusion, Participation, Project). Vice Chair Harding, wanted to encourage fellow Commissioners to attend Margarete's talk.

Vice Chair Harding updated the Commission about The Spring Fling. This event date has changed to Friday, April 6th from 6:00pm to 8:30pm at the Garden House. A DJ has been booked for this event. This DJ will be taking requests and able to provide Karaoke. Vice Chair Harding wanted to have appetizers instead of an

entire dinner. There will be a \$10 fee for this event to cover the cost of the food. Food has been a challenge and it's known that the food needs to be provided by a professional caterer. Staff Liaison Matheson let the Commission know that Mark Choo of Pop Bistro is available to cater this event. She will reach out to him and find out what the cost will be for this event. Club 55 will be involved with this event as a Co-Sponsor. In addition, Club 55 will take care of the beverage portion for this event. Vice Chair Harding asked about how people will sign up for this event. Staff Liaison Matheson will talk with Administrative Staff to find out the best way to register for this event.

Transportation

Commissioner Basiji gave an update pertaining to transportation. He suggested that the Transportation Subcommittee continue to research more options pertaining to transportation for seniors. Vice Chair Harding recommended reaching out to Café, El Camino Hospital, Peg at the Rotary Club and Los Altos Forward for other ideas pertaining to transportation. It was suggested by Council Liaison Bruins that utilizing current technology to gain more transportation opportunities is another option to consider. She encouraged a workshop for seniors to learn more about how to connect their phones or iPad to gain access to transportation opportunities.

Safety Committee

None

Public Comment

None

POTENTIAL FUTURE AGENDA ITEMS

Transportation Symposium and Chocolate Survey Results

ADJOURNMENT – 4:55pm

Chair Murray adjourned the meeting.