





TO: Senior Commission

FROM: Jaime Chew, Recreation & Community Services Manager

Sarah Robustelli, Community Services Supervisor

SUBJECT: Monthly Staff Update

Programs & Events

Picnic Birthday Luncheon

The Los Altos Senior Program will be hosting a Picnic Birthday Luncheon on Friday, August 11. Senior Program Members are \$4 and All Others are \$6. If you are a member and it is your Birthday Month, Lunch is FREE!

Club 55

Club 55 will be popping up on Friday, August 11 from 6pm – 9pm at the Downtown Green. There will be music, wine, food and friends.

Grant Speaker Series

Scott Hunter from the Los Altos Village Association will be presenting at the Grant Senior Program on Wednesday, August 16 at 12:30pm.

Senior Program Closure

The Senior Program will be closed Monday, August 28 through Monday, September 4. Program will reopen on Tuesday, September 5.

Senior Walk

The seventh **Monthly Senior Walk** will happen September 5 at 10am and will start at Town Hall located at 26379 Fremont Road, Los Altos Hills, CA 94022. This hike is free, will be roughly 2 miles in length and maps will be provided. All ages welcome. The route will be tailored to the needs of the participants in attendance. For more information or to RSVP contact: 650-947-2506 or lahseniorprogram@gmail.com.

Upcoming Programming

The Town will be hosting the following senior programs in the Fall/Winter:

Monthly Walks: 1st Tuesday of the month at 10am leaving from Town Hall

Informational Session on Silicon Valley Clean Energy: September 8 from 2pm – 3pm

AARP Senior Smart Driver Course: October 3 & 10 from 9am – 1pm **The Hidden Epidemic: Opioids**: October 5 from 2:30pm – 3:30pm

Intimacy, Sexuality and Healthy Aging Forum: November 28 from 2pm – 3:30pm

Technology for Seniors: January 27 from 9am – 12pm

AARP Senior Smart Driver Refresher Course: February 5 from 9am – 1pm