



**MONDAY, FEBRUARY 6, 2012**

**4:30 P.M. –REGULAR SENIOR COMMISSION MEETING**

Hillview Community Center, Los Altos Senior Center Room 11  
97 Hillview Avenue, Los Altos, California 94022

**ROLL CALL**

**PLEDGE OF ALLEGIANCE**

**SPECIAL PRESENTATIONS**

Julia Zarcone, Los Altos Hills Parks and Recreation Committee Member will discuss the unanimous vote of the Los Altos Hills Parks and Recreation Committee to support the development of facilities, transportation, and other resources for the Los Altos and Los Altos Hills senior population.

**PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA**

Members of the audience may bring to the Commission's attention any item that is not on the agenda. Please complete a "Request to Speak" form and submit it to the Staff Liaison. Speakers are generally given two or three minutes, at the discretion of the Chair. Please be advised that, by law, the Commission is unable to discuss or take action on issues presented during the Public Comment Period. According to State Law (also known as "the Brown Act") items must first be noticed on the agenda before any discussion or action.

**CONSENT CALENDAR**

These items will be considered by one motion unless any member of the Commission or audience wishes to remove an item for discussion. Any item removed from the Consent Calendar for discussion will be handled at the discretion of the Chair.

1. Commission Minutes  
Recommendation to approve the minutes of the January 9, 2012 regular meeting.

**DISCUSSION ITEMS**

2. Subcommittee Reports  
Finalize Senior Commission 2012/2013 work plan based on subcommittee recommendations.
3. Reports to Council  
Verbal staff update on the Town of Los Altos Hills City Council meeting of January 19 regarding the decision to fund the 2012 Community Expo.
4. Items for Information
  - a. Senior Commission Publicity  
Articles to be written and received pertinent to senior issues

- b. Santa Clara Council on Aging Advisory Board Report  
Report by Commissioner Tiemann.
- c. Town of Los Altos Hills Community Relations Committee  
Verbal report by Commissioner Popell.

## COMMISSION REPORTS AND DIRECTIONS ON FUTURE AGENDA ITEMS

## ADJOURNMENT

### **SPECIAL NOTICES TO PUBLIC**

In compliance with the Americans with Disabilities Act, the City of Los Altos will make reasonable arrangements to ensure accessibility to this meeting. If you need special assistance to participate in this meeting, please contact the Recreation Department 72 hours prior to the meeting at (650) 947-2894.

Agendas, Staff Reports and some associated documents for Senior Commission items may be viewed on the Internet at <http://www.ci.los-altos.ca.us/committees-commissions/senior/meetings.html>.

On occasion the Senior Commission may consider agenda items out of order.

All public records relating to an open session item on this agenda, which are not exempt from disclosure pursuant to the California Public Records Act, and that are distributed to a majority of the legislative body, will be available for public inspection at the Los Altos Senior Center Coordinator's Office, City of Los Altos, located at 97 Hillview Avenue, Los Altos, California at the same time that the public records are distributed or made available to the legislative body. Any draft contracts, ordinances and resolutions posted on the Internet site or distributed in advance of the Council meeting may not be the final documents approved by the City Council. Contact the Senior Commission Liaison for the final document.

If you wish to provide written materials, please provide the Senior Commission Liaison with **10 copies** of any document that you would like to submit to the Senior Commission for the public record.

For other questions regarding the meeting proceedings, please contact the Senior Commission Liaison at 650-947-2894.

**MINUTES OF A SPECIAL MEETING OF THE SENIOR COMMISSION OF THE  
CITY OF LOS ALTOS/ TOWN OF LOS ALTOS HILLS, HELD ON  
MONDAY, JANUARY 9, 2012 AT 4:40 P.M. AT HILLVIEW COMMUNITY CENTER,  
97 HILLVIEW AVENUE, LOS ALTOS, CALIFORNIA, 94022**

**ROLL CALL**

PRESENT: Commission Members Jenney, Popell, Tiemann, Pelham, Brauch, Palmer, Seddiqui

ABSENT: Traficanti, De Mare

**PLEDGE OF ALLEGIANCE**

Chair Jenney led the pledge of allegiance to the flag.

**PUBLIC COMMENT**

Lois Adams, Volunteer, Red Cross of Silicon Valley spoke of the need to provide education to residents regarding emergency preparedness.

**CONSENT CALENDAR**

1. Committee Minutes  
Motion by Tiemann seconded by Popell to approve the December 5, 2011 minutes as written. Motion passed unanimously.

**DISCUSSION ITEMS**

2. Senior Commission Outreach  
This item will be discussed as part of the Senior Commission work plan.
3. Reports to Council
  - a. 2012/2013 Senior Commission Work Plan  
Created subcommittees to review and draft work plan items for discussion at the February 6, 2012 meeting.
  - b. Prioritization of Senior Questionnaire Recommendations  
Reviewed Los Altos City Council meeting of December 13, 2011 where the prioritization of Senior Questionnaire Recommendations was received by Council.
  - c. Senior Scholarship  
The City of Los Altos and Town of Los Altos Hills Senior Scholarship are now available. To request an application from the City of Los Altos contact Yuka Arai in the finance department at 650-947-2615. To request an application from the Town of Los Altos Hills contact Sarah Gualtieri at 650-947-2518.

- d. Get Active! Get Involved! Community Expo for 50+  
Town of Los Altos Hills City Council will discuss funding of the Community Expo at the January 19, 2012 meeting.

4. Seminar Facilitator

This item will be discussed as part of the Senior Commission work plan.

### **ITEMS FOR INFORMATION**

5. Senior Commission Publicity

Tiemann reported on Articles to be written and received pertinent to senior issues

6. Santa Clara Council on Aging Advisory Board Report

Written Report by Commissioner Tiemann.

### **COMMITTEE REPORTS AND FUTURE AGENDA ITEMS**

Commissioner Popell to meet and report back to the Senior Commission regarding a meeting with the Town of Los Altos Hills Community Relations Committee on January, 10, 2012 to discuss the Age-friendly Cities Membership.

### **ADJOURNMENT**

Chair Jenney adjourned the meeting at 6:25p.m.

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Candace Bates  
Senior Center Recreation Coordinator  
Liaison to the Senior Commission

## Los Altos Senior Commission - Work Plan

2012-2013 Council Approved Goals and Projects– (date approved by Council)

Goals Approved on ___, 2012 by City Council for 2012-2013		Projects Approved on ___, 2012 by City Council for 2012-2013
1	<b>GOAL 1. Transportation – Contact Santa Clara Valley Transit Authority to inquire about the possibility of installing benches at bus stops in Los Altos/Los Altos Hills.</b> Commissioner assigned	
	a. <b>Improve bus access</b> (Commissioner assigned)	By Month. ___, 2012: <b>Contact SCVTA to inquire about the possibility of installing benches at bus stop</b> (Commissioner assigned )
	b. <b>Project or activity</b> (Commissioner assigned )	By Month. ___, 2012: (Commissioner assigned)
2	<b>GOAL 2. Educate and encourage local housing developers to construct universally designed housing.</b> Commissioner assigned	
	a. <b>Project or activity</b> (Commissioner assigned )	By Month. ___, 2012: (Commissioner assigned)
	b. <b>Project or activity</b> (Commissioner assigned )	By Month. ___, 2012: (Commissioner assigned)

3	<b>GOAL 3. Investigate the possibility of updating the Senior Center using complimentary services from local decorators and merchants.</b>	
	Dianne Brauch & Kathy Seddiqui	
	a. Project or activity (Commissioner assigned )	By Month. ____, 2012: (Commissioner assigned)
	b. Project or activity (Commissioner assigned )	By Month. ____, 2012: (Commissioner assigned)
	c. Project or activity (Commissioner assigned )	By Month. ____, 2012: (Commissioner assigned)
4	<b>GOAL 4. Collaborate with the Senior Center on a variety of educational sessions, including the no-cost Stanford University Falls Prevention Program.</b>	
	Commissioner assigned	
	a. Project or activity (Commissioner assigned )	By Month. ____, 2012: (Commissioner assigned)
	b. Project or activity (Commissioner assigned )	By Month. ____, 2012: (Commissioner assigned)
	c. Project or activity (Commissioner assigned )	By Month. ____, 2012: (Commissioner assigned)

5.	<b>GOAL 5. Investigate the Inter-generational Emergency Preparedness Project developed by the San Francisco State University gerontology graduate students and encourage seniors to participate in the Los Altos/Los Altos Hills Emergency Preparedness classes.</b> (Commissioner assigned )	
	a. Project or activity (Commissioner assigned )	By Month. ____, 2012: (Commissioner assigned)
	b. Project or activity (Commissioner assigned )	By Month. ____, 2012: (Commissioner assigned)
6.	<b>GOAL 6. Update the Senior Resource Manual. Check current websites and add or subtract service providers as appropriate.</b> Dianne Brauch & Kathy Seddiqui	
	a. Project or activity (Commissioner assigned )	The Senior Resource Manual will be updated on an annual basis (give Month of annual basis). We (designate who) will gather input from people who use this resource about the accuracy and will be open to adding new information. Additional binders can be prepared as needed. (Commissioner assigned)
	b. Project or activity (Commissioner assigned )	By Month. ____, 2012: (Commissioner assigned)

7.	<b>GOAL 7. Research the possibilities of the National Institute of Aging and the U.S. Administration on Aging research and program development grant to help older individuals remain healthy, independent and in their own homes and communities (Translational Community Research).</b> Karen Jenney	
	a. Project or activity (Commissioner assigned )	By Month. ____, 2012: (Commissioner assigned)
	b. Project or activity	By Month. ____, 2012: (Commissioner assigned)
8.	<b>GOAL 8 Share with appropriate city officials the results of our after-dark downtown grid lighting survey with the possibility that it be incorporated into the budgeting process.</b> Karen Jenney	
	a. Walking Survey project (Commissioner assigned )	By Month. ____, 2012: <ul style="list-style-type: none"> <li>– On May 1, 2012 and November 1, 2012 share with city staff any after-dark lighting safety issues found during walking survey in the downtown grid.</li> <li>– December 5, 2011 Senior Commission meeting Jim Gustafson reported on the follow-up progress being made on the Walking Survey results.</li> <li>– Oct. 29, 2011 Walking Survey done and given to Jim Gustafson, Engineering Building Manager for the City of Los Altos.</li> </ul>
	b. Project or activity (Commissioner assigned )	By Month. ____, 2012: (Commissioner assigned)