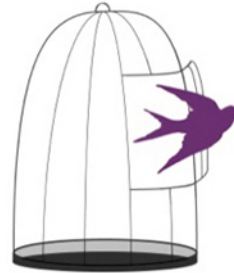


WomenSV Update 2018

Los Altos City Council

Ruth Patrick, M.A.
Executive Director
WomenSV



WomenSV

WomenSV – Serving survivors of domestic abuse in professional & affluent communities

info@womensv.org | 650-996-2200 | www.womensv.org

Why WomenSV?

Created to fill gaps in:

1. Domestic violence services in N. Santa Clara County
2. Domestic violence services for women in middle-to-upper income areas
3. Awareness in the community about DV in affluent areas—particularly the more subtle forms (ex: emotional, technological, financial)
4. Training for professionals (therapists, attorneys, law enforcement, court staff, medical staff etc.) in providing more trauma-informed care for survivors from affluent areas

Our Services

- Helpline
- Weekly support group
- Court, police station and lawyer accompaniment
- Ongoing individual support
- Connection to resources: Directory of DV providers and services
- Consults for lawyers and therapists with DV clients
- Trainings, presentations

Who are the survivors we serve? Who are their abusers?

All races, all religions, all occupations

WomenSV Clients:

- Engineers
- Doctors
- Professors
- Lawyers
- Psychologists
- Entrepreneurs
- CEO's
- Religious leaders
- Stay-at-home parents

Their Partners:

- Engineers
- Doctors
- Professors
- Lawyers
- Psychologists
- Entrepreneurs
- CEO's
- Religious leaders
- Stay-at-home parents

Public Perception...



Domestic violence doesn't happen in nice neighborhoods

... is wrong!



WomenSV

DV in Silicon Valley...

- San Jose native Gurbaksh Chahal *aka* “G”; SV Entrepreneur
- Created and sold a company to Yahoo! for \$340 million
- Created a non profit
- Donated \$1 million to fight hate crimes
- Donated \$35K to a SF women’s shelter

Caught on video hitting & kicking girlfriend 117 times



Gurbaksh Chahal 

From Wikipedia, the free encyclopedia

Gurbaksh Singh Chahal (born July 17, 1982) is an American internet entrepreneur, philanthropist, and writer.^[2] By the age of 25, he founded and sold two advertising companies for a total of US\$340 million.

Contents [hide]

- 1 Early life
- 2 Business career
- 3 Television appearances
- 4 Personal life
- 5 Domestic violence conviction
- 6 Philanthropy
- 7 Guest lecturing
- 8 Publications
- 9 Awards and recognitions

Gurbaksh Singh Chahal



G. Chahal with U.S. President Barack Obama

Born July 17, 1982 (age 31)^[1]
Tarn Taran Sahib, Punjab, India

Residence San Francisco, California

Twice!



We were living the Silicon Valley 'golden dream'



Neha Rastogi

- Apple executive
- Sunnyvale, May 2016
- Abhishek Ghitanni, CEO
- Prior DV history: beat and abused her for 10 years

Not everyone gets out safely...



Carmen Daou, wife of real estate developer **Ed Daou**, Los Gatos
prior DV history

Beat her for buying a new dress or putting highlights in her hair; in spite of
TRO, killed himself and their 22 yr old son Andrew, 2011

Abuse thrives in secrecy, silence, isolation.

Your support is helping survivors break that silence and get the help they need to create a safer, healthier life for themselves and for their children.

It takes a village!

- Los Altos City Council
- Los Altos Community Foundation—Happy Anniversary!
- Los Altos Town Crier Holiday Fund
- Silicon Valley Community Foundation
- Hewlett-Packard
- Apple
- Go Pro
- Rotary Club
- Kiwanis Club
- Private donors



**Here's what our community partners have made possible
this year...**

Empowering survivors like Sara

“Sara” married to a doctor; threats of poisonous needle; afraid to reach out; believes she is the only survivor whose husband is a doctor

- WomenSV support group
- Referral and accompaniment to attorney
- Referral to therapist for PTSD (Post Traumatic Stress Disorder); cybersecurity expert for stalking
- Referral to PT to track down hidden assets, another to enforce judgments
- Accompaniment for Child Protective Services (CPS/DFCS); emergency screening; court
- Ongoing education, support and safety planning

Sara’s new goal: to become a DV advocate to help other women!

Serving Our Community - 2018

Served 138 women and 2 male survivors:

Areas served both local to international:

- Los Altos – 28
- Los Altos Hills – 24
- Other local areas: Mountain View, Los Gatos, Monte Sereno, San Jose, Palo Alto, Cupertino, Sunnyvale, Atherton, Menlo Park, Portola Valley, Woodside, Marin, San Rafael
- Other states, other countries (Ireland, Sri Lanka)

Growing our program

1. Hired a Full-time **Director of Marketing and Operations**
2. Expanded our team of **volunteers to 30**
3. Opened a **second office** thanks to the generosity of Pamela and Ed Taft
4. **Partnership with Kaiser** to address DV patients from affluent areas & provide education for physicians
5. Started an **internship program** in conjunction with University of Southern California
6. Working towards turning WomenSV into a nationally-known **training center** focused on victims of affluent abusers
7. **Research project** in collaboration with University of Tennessee on survivors' needs and challenges in affluent areas

Expanding our board

Our members:

- Roy Lave, Ph.D., ED emeritus of LACF, the reason WomenSV came into being
- Dennis Young, CPA
- Paul Marcille, Ph.D., licensed clinical psychologist
- Rebecca Sherwood, DNSc, RN, De Anza College nursing program instructor, DV advocate
- Jessica Dayton, JD, family attorney with ADZ law
- Jennifer Ubamos, executive with GoPro
- Ruth Patrick, M.A., DV advocate, CEO

Community Presentations for these organizations:

- Los Altos History Museum; Los Altos Kiwanis Club
- Menlo Church Divorce and Relationship Recovery Workshop
- Presentations to small groups in local private homes
- Claudia Coleman's LEAD class: panel on safety



Kiwanis



Interested in making a difference in our community?
Participate in Los Altos Community Foundation's
Leadership, Education & Advancement Program

Meet the leaders who are driving organizations that serve our community:

- Education leaders
- Healthcare executives
- Nonprofit executive directors
- Elected & appointed city officials
- Local social innovators

Classes begin January 2017, meeting Wednesday evenings, twice a month through May. For class schedule and to register: LosAltosCF.org/LEAD or call 949-5908.



Trainings for LAPD, Atherton PD and Oracle



2 Superior Court Trainings



Chief Andy Galea and our LAPD:
Partners with WomenSV!

Raising awareness on a national level



The result...

Many more calls from women in need and from all over the world!

What's next?

We're seeking more funding to meet the need:

- Continue existing support group, phone line, one-on-one advocate support
- Add additional support group
- Increase staff and infrastructure: hire at least 1 additional full-time DV advocate
- Develop and launch our training center
- Continue to educate the community and providers about domestic violence and abuse in affluent areas

Do you know someone suffering in silence? Signs to look for...

- Afraid of/always very anxious to please/placate her partner
- Stopped seeing her friends/family, or cuts phone conversations short when her partner is in the room
- Partner often criticizes/humiliates her in front of other people
- Says her partner pressures or forces her to do sexual things
- Partner often orders her around/makes all the decisions (ex: controls all the money, tells her who she can see and what she can do)
- Talks about her partner's 'jealousy', 'bad temper' or 'possessiveness'
- Physical injuries (bruises, broken bones, sprains, cuts etc) with unlikely explanations; may be using makeup or long sleeves to cover bruises
- Missing work/school; change in hobbies/activities/routine/quality of work

More signs...

- Seems anxious/depressed/withdrawn/distracted; trouble concentrating/remembering; startles easily, hyper-vigilant
- Started using food/alcohol/prescription drugs as a way of self-medicating
- Lost confidence/self-esteem, seems unusually quiet
- Her children may seem afraid of her partner, have behavior problems, or are very withdrawn/anxious/distracted/shows signs of ADD/ADHD
- Seems reluctant to leave her children with her partner
- Whenever she is away, her partner is constantly calling her, harassing her, following her, coming to her house/waiting outside
- Seems afraid of her partner
- May still seem very confident and just be very good at hiding her pain

Six things to say to someone you are concerned about...

1. I am concerned for your safety
2. I am concerned for your children's safety
3. I am concerned that it will only get worse
4. You don't deserve to be abused; no one deserves to be abused; it is not your fault
5. You are not alone: I am here to help you; I can find someone who can help
6. There are resources that can help; you don't have to do this alone.

They can call WomenSV!

650-996-2200

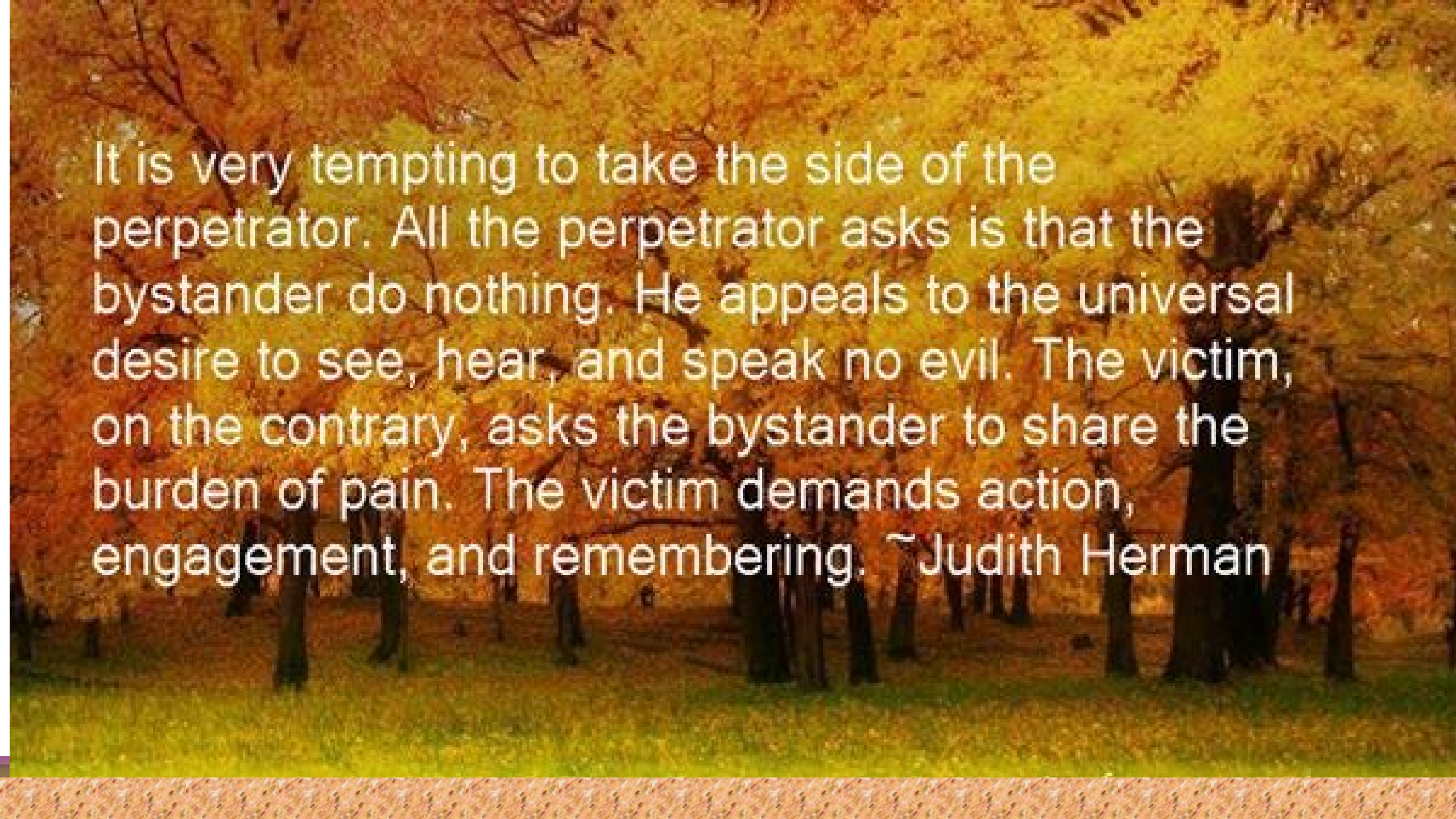
The Abuser's MO



In order to escape accountability for his crimes, the perpetrator does everything in his power to promote forgetting. If secrecy fails, the perpetrator attacks the credibility of his victim. If he cannot silence her absolutely, he tries to make sure no one listens.

— *Judith Lewis Herman* —

AZ QUOTES



It is very tempting to take the side of the perpetrator. All the perpetrator asks is that the bystander do nothing. He appeals to the universal desire to see, hear, and speak no evil. The victim, on the contrary, asks the bystander to share the burden of pain. The victim demands action, engagement, and remembering. ~ Judith Herman

DOMESTIC VIOLENCE IS EVERYONE'S BUSINESS... And Must Be Solved By The Entire Community!



If a relative, friend, classmate, colleague, or teammate is abusing his partner -- or is disrespectful or abusive to girls and women in general -- don't look the other way. If you feel comfortable doing so, try to talk to him about it. Urge him to seek help. If you don't know what to do, consult a domestic violence program in your community.

Don't Remain Silent!
TAKE THE RISK!
IF You See Something, Say Something!

**END
DOMESTIC VIOLENCE**

RECOGNIZE IT - REPORT IT - PREVENT IT



**National Domestic
Violence hotline
1-800-799-SAFE**

Thank you!



Thank you for your support for WomenSV and we hope you will continue to support us going forward!

We get more and more women reaching out for help every day and now from all around the world—we must raise funds to keep meeting the need!

With your help we will continue to protect the right of every adult and child to live in peace and safety in their own home!

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WWW.WOMENSV.ORG

WomenSV's role in raising awareness

1. Megyn Kelly today show:

- <https://on.today.com/2IFM213//>
- <https://www.youtube.com/watch?v=iibS9-nm0Bo>

2. New York Times: Thermostats, Locks and Lights: Digital Tools of Domestic Abuse:

- <https://nyti.ms/2tovmWK>

3. Good Morning America:

- <https://m.youtube.com/watch?v=-raLULDrYIM>

4. CBS/KPIX Jefferson Awards:

- <https://cbsloc.al/2Q8F89a>